

Creating a COOKBOOK



In the Chocolate Conundrum, Nova created a delicious food item. In this project, we will do the same. Whether you are a beginner or an expert in the kitchen, there is always something new to learn as we try new things and bring our learning off the paper or computer screen and into the world. Using a recipe that has been passed down through your family, or one that you just want to try, your goal is to cook up something delicious. Follow the steps below and follow the link in [my example](#) for some inspiration!



1 Enroll Adults and Identify Recipe

Talk to an adult in your life (parent/guardian) and enroll them to help you with this project. Ask if there is a family recipe you can cook with them, or if there is something you can cook together. Get them know that this project is for your learning and the best way to learn is by doing so you'd like to be involved with as many steps as possible.

2

Gather Requirements

Every recipe requires ingredients and usually some kitchen tools like pots and pans. A great first step before starting to cook is to make sure you know what you need to complete your dish.

3

Obtain Necessary Items

Once you know what you need, you need to get the ingredients and make sure you have all of the necessary kitchen tools. Go to the market with an adult and help in choose the items if you can!



4

Cook Your Dish

Having prepared well, now we get to make our delicious dish. With your dishes, you have two options. 1) Organize a day with your class to bring in dishes, present them to the class, and then eat each person's. 2) Present the dish to those who will be eating your food as it is ready. Even if they helped you make the food, you get to practice public speaking and make sure you understand what you made.



5

Document Your Recipe

After you've made your dish, it's time to document the recipe. Put in any extra hints for those who will use the recipe in the future. Create sections for the backstory, ingredients, and directions. See an example [here](#).

6

Design a Beautiful Cookbook

Create a cover page, a table of contents, introduction, and any other pages you think would be helpful. Check out popular cookbooks for inspiration. Then assemble all of the recipes into one cookbook and share it with your class, school, and/or community.

